



Code: M-PSI/01

Credits: 9

Matter: Psychology of Thought

Main language of instruction: Italian

Other language of instruction: English

Teaching Staff

Head instructor

Prof. bruna.dante@unicusano.it

Introduction

1. Objective of the course :

The Thought Psychology Program aims to provide a specific preparation on the nature of human thought, within cognitive functions, will be articulated as follows: in a first part some aspects of cognitive psychology will be discussed, focusing on cognitive functions such as attention, perception, memory, language comprehension, emotions, this, as a complex system that receives, stores, recovers, processes and transmits information. The analysis of thought opens up as a mental activity present in different styles, convergent, divergent, logical, analytical, intuitive; they follow the numerous processes of which thought is composed with particular emphasis on reasoning, deductive, inductive, probabilistic; decision-making processes, the use of heuristics, choice of actions; processes involved in solving problems (problem solving); interest in creative ideas as a skill that allows the production of "something new"; one will evaluate how and if it is possible to self-regulate thought; finally we will face the nature of the disturbances of thought which are of particular importance within the schizophrenic framework together with the disturbances of perception.

Objectives

2. Course Structure:

The course on Psychology of Thought consists of 9 thematic chapters, developed through handouts, related videolessons and other study materials available on the platform. For each lecture, the corresponding video-lesson is available on the platform, which elaborates on and illustrates the topics discussed in the lecture. Moreover, the Slides and E-Tivity of exercise and study are available in the appropriate section of the platform.

Teaching also makes use of forums (virtual classrooms) and chats available on the platform that constitute an asynchronous discussion space, where the teachers and / or tutors identify the most significant topics and topics of teaching and interact with the enrolled students. .

Self-evaluation tests are then proposed, which accompany the pre-recorded lessons and allow students to ascertain both the comprehension and the degree of acquired knowledge of the contents of each of the lessons.

In particular, the Thought Psychology Course includes 9 training credits.

The total study load for this course is about 225 hours divided as follows:

Approximately 189 hours for the visualization and study of videotaped material.

Approximately 27 hours of Interactive Didactics for the elaboration and delivery of the proposed ethivity.

Approximately 9 hours of Interactive Didactics for the execution of self-assessment tests.

It is advisable to distribute the study of the matter uniformly over a period of 11 weeks, dedicating about 20 hours of study per week.

Competencies:

The student will acquire knowledge on the basic principles related to the characteristics of human thought through a perspective of study that places it in the scenario of cognitive functions by analyzing the numerous processes involved in the formation of thought.

At the end of the course the student will have demonstrated basic knowledge and understanding concerning:

1. The main processes related to Attention, Language, Perception, Memory, Emotions, etc., closely related to the Thought process
2. Thought as the main mental activity within the framework of cognitive functions
3. The numerous processes involved in the formation of thought, from formulating reasoning, up to the solution of problems
4. Acquired and understood the role and functioning and above all the importance of the processes of Thought for the human being.

The student will also have developed autonomous skills, will be able to draw conclusions about the contents and topics covered by the course. The student will be able to converse ably on topics concerning the processes of thinking using appropriate scientific terminology.

At the end of the course the student will have acquired a knowledge of the fundamental notions necessary for the understanding of the functioning of the

Thought processes and of the related studies and experiments. The level of preparation achieved will allow the student to have a more aware and mature vision of their training, allowing them a greater reflexive capacity and a clearer vision of what will be the developments of their choices.

Syllabus

3. Programme of the course:

Chapter 1 - Psychic and Thought Functions - The thought placed in the sphere of cognitive functions will be analyzed, therefore as a complex psychic function that allows the evaluation of reality and the formulation of judgments.

Chapter 2 - What is Thought - Thought as an object of scientific investigation through theoretical approaches of the main schools involved in the study of higher psychic functions.

Chapter 3 - Ways of thinking - It will deal with the intuitive system based on heuristic shortcuts to lead to fast and effective answers and a more analytical system that would favor more deliberate and rational responses.

Chapter 4 - The Reasoning - Represented through a set of premises and related conclusions involved in the process that constitute an inference or argument.

Chapter 5 - Choosing actions - Investigates how the thought processes lead to planning and preparation for action, underlining the responsibility that the individual has on the choice of their behavior.

Chapter 6 - Problem solving - Problem solving involves an act of thought, a push towards the search for a strategy suitable for achieving a clear goal.

Chapter 7 - Creative thinking - Investigates a different perspective towards original solutions, through new ideas impossible to find with the usual way of thinking.

Chapter 8 - Self-regulation of thought - Examines the contents of metacognition, of the reflective function of thought, of mentalization and of the interdependence between thought, emotion, action.

Chapter 9 - Thought disorders - Analyzes the pathological sphere of thought through the investigation of the specific symptoms of this disorder.

Evaluation system and criteria

Teaching Materials by the Teacher

The teaching material on the platform is divided into 9 chapters.

They completely cover the program and each of them contains handouts, slides and videoleasons accompanied by the teacher's comment.

This material contains all the elements necessary to devote itself to the study of the subject.

The exam is designed to verify the level of achievement of the expected learning outcomes indicated above.

The exam can be done in two ways:

- a written test consists of 30 multiple choice questions. Multiple choice questions, related to the contents of the whole exam program, are assigned the value of 1 point for each correct answer (the questions not answered or incorrect will be evaluated 0). An oral test consisting of an interview aimed at ascertaining the student's level of preparation; the evaluation of the knowledge of the contents of the subject will take place through at least three questions.

The adequacy of the answers will be evaluated according to the following criteria: completeness of the arguments, ability to deepen the expected learning outcomes about the knowledge of the subject and the ability to apply them are evaluated by the written test, while the communication skills, the ability to draw conclusions and the ability to self-study are evaluated in progress through the Eivity.

The assignment of the final dissertation will take place on the basis of an interview with the teacher in which the student will express his / her specific interests in relation to the topic he / she intends to deepen; there are no foreclosures to the thesis assignment request and a particular average is not required to request it.

Bibliography and resources

4. Materials to consult:

No other material is expected

5. Recommended bibliography:

The power of thought

Annie Besant