

Code: M-PSI/01 Credits: 9

Matter: General Psychology

Main language of instruction: Italian
Other language of instruction: English

Teaching Staff

Head instructor

Prof. Alberto Costa - alberto.costa@unicusano.it

Introduction

1. Objective of the course:

The activity of the course will focus on the presentation and discussion of the main topics of interest in General Psychology, in order to promote a basic knowledge of the object of study and the tools used in psychological disciplines. The study of the main theoretical-clinical paradigms, of the cognitive / affective functions and of the methods of investigation will therefore be studied in depth. Particular attention will be paid to the functioning of memory, language, attention, perception, executive functions, motivation, emotions and social cognition.

Objectives

2. Course Structure:

The course includes nine training modules corresponding to the related training credits. The teaching aids of the course will consist of video lessons, slides, lecture notes and classroom lectures. The interactive teaching will also make use of forums (virtual classrooms) and chat rooms available on the platform that constitute an asynchronous discussion space, where teachers and / or tutors identify the most significant topics and subjects of teaching and interact with students. In particular, in the interactive teaching area, e-tivity with information on course contents will be proposed to the students.

The course pursues the following formative objectives: 1) to discuss the main theoretical-applicative paradigms in Psychology; 2) to describe the main tools of psychological investigation; 3) to illustrate the learning mechanisms and memory



systems, the characteristics of the processes involved in linguistic and perceptive functions, the qualitative characteristics of the system of executive functions, affective and social cognition processes.

Competencies

General Psychology is aimed at developing the following competencies:

- the acquisition of knowledge of the main theoretical paradigms in Psychology;
- the acquisition of specific knowledge on the functioning of cognitive-affective processes with particular reference to attention, memory, language, perception, executive functions, motivation, emotions and social cognition;
- the ability to use the acquired knowledge for the purpose of identifying the functioning of mental processes;
- the ability to use methodological knowledge acquired both in the qualitative verification of the sources and in the critical evaluation of the procedures used in research and psychometric evaluation.

Syllabus

3. Program of the course:

Subject 1. Introduction to Psychology

Subject 2. Research methods in Psychology

Subject 3. The clinical investigation in Psychology

Subject 4. Functional brain anatomy; instrumental functions and control functions.

Subject 5. Learning processes and memory systems

Subject 6. Language and perception

Subject 7. Executive functions

Subject 8. Motivation and Emotions

Subject 9. Social Cognition

Evaluation system and criteria

The assessment of the achieved learning outcomes is carried out, alternatively, in oral or written form. The oral exam consists of an interview focused on the topics of the course and aimed at ascertaining both the knowledge, the ability to understand, learn and draw conclusions, and finally, the communication skills held by the student. The written test consists of 20 multiple choice questions (alternative answers, of which only 1 correct) and one open question. All questions will concern



the topics of the course and aimed at ascertaining the knowledge and ability to understand, learn and draw conclusions from the student.

Bibliography and resources

The teaching materials available in the e-learning platform (i.e. audio/video lessons, lecture notes, slides) contain all the elements needed to deal with study of the subject.

4. Recommended bibliography:

Donald, Heth, Miller, 2008. Psicologia. La scienza del comportamento. Ed. Piccin, Padova.

Atkinson, Hilgard, 2011. Introduzione alla psicologia. Ed. Piccin, Padova. Girotto, Zorzi, 2016. Manuale di Psicologia Generale. Ed. Il Mulino, Bologna.