



Code: M-PSI/08

Credits: 9

Matter: Clinical Psychology

Main language of instruction: Italian

Other language of instruction: English

Teaching Staff

Head instructor

Prof. Nicoletta Vegni - nome.cognome@unicusano.it

Dr. Maria Teresa Brudaglio - nome.cognome@unicusano.it

Introduction

1. Objective of the course :

- Knowledge and Understanding:

At the end of the course the student will have demonstrated to know the main topics concerning the theories and techniques of intervention of clinical psychology, as well as the main constructs and tools for the formulation of a correct psychological diagnosis.

- Ability to apply knowledge and understanding:

The student will be able to use the knowledge acquired during the course for critical reading of a context or a clinical case for the correct formulation and analysis of the psychological question.

- Judgement Autonomy:

The student will have developed autonomous skills to draw conclusions about the results of research conducted on the topics covered by the course.

- Communication skills:

The student will be able to describe and sustain conversations on topics concerning the study and reading of the main symptomatic manifestations and the structural and functional characteristics of the mental processes underlying the main psychopathological pictures.

- Learning Capability:

Through discussion in forums and the development of e-activities, students will demonstrate that they have acquired a capacity to monitor their learning processes, integrating contributions from other disciplines as well as the scientific literature.

Objectives

2. Course Structure:

The course is developed through the pre-recorded audio-video lessons that make up, together with slides and handouts, the study materials available on the platform.

Asynchronous self-assessment tests are then proposed to accompany the pre-recorded lessons and allow students to ascertain both the understanding and the degree of knowledge acquired of the contents of each of the lessons.

There are also scheduled web-conference lessons that take place during the teaching periods.

Interactive teaching also makes use of forums (virtual classrooms) and chats available on the platform that constitute an asynchronous discussion space, where teachers and / or tutors identify the most significant themes and topics of teaching and interact with the students enrolled. In particular, as part of the Interactive Didactics will be proposed to the student of Etivity on the contents of the course.

The student can also propose topics that will be discussed and discussed in depth with the teacher.

Competencies:

The course aims to provide the student with the main tools of knowledge and intervention for:

- the correct formulation of a psychological diagnosis;
- the main techniques for managing a clinical assessment interview;
- the correct formulation of an intervention;

The objectives will be achieved through the study of epistemological development and the main techniques of clinical work.

Syllabus

3. Programme of the course:

Subject 1. Boundaries and areas of intervention of clinical psychology

- Concept of normality and deviance in psychology
- Historical review of the main contributions to the study of the human being from a psychological point of view
- Primary prevention in psychology
- The contribution of community psychology



- The ecological model by Urie Bronfenbrenner

Subject 2. Paradigms and epistemology in clinical psychology - first part

- Rationalist Paradigm
- Empirical Paradigm
- Probabilistic Paradigm
- General theory of systems
- Double bond concept
- transition from the first to the second cybernetics

- More about the constructivist model

Subject 3. Paradigms and epistemology in clinical psychology - second part

- The contribution of psychoanalysis
- Melanie Klein's theory
- The contribution of behavioural theory

Subject 4. The psychodynamic paradigm

- transference and countertransference
- the concept of resistance
- the defence mechanisms
- a closer look at the defence mechanisms of psychotic functioning
- hints about psychotic disorders

Subject 5. Communication

- Axioms of communication
- pathological communication

Subject 6. Diagnosis in clinical psychology

- types of diagnosis
- diagnosis of psychodynamic matrix
- relational diagnosis

Subject 7. 12 dimensions for orienting relational diagnosis

- Analysis of the 12 dimensions to orient the relational diagnosis

Subject 8. The pioneers of family therapy

- The contribution of Salvador Minuchin
- The contribution of Murray Bowen
- The contribution of Jay Haley



Subject 9. Professional ethics

- the psychologist's code of ethics
- type acts of the clinical psychologist
- Europsy certification

Evaluation system and criteria

The purpose of the examination is to verify the level of achievement of the training objectives indicated above.

The course structure includes some tests in progress for self-evaluation of learning consisting of multiple-choice questions on the contents of individual teaching modules.

The examination can be carried out in three ways:

- in written form: the written test will be divided into a "20+1" model that will include 20 closed-ended questions and 1 open-ended question. For all open-ended questions the maximum score to be attributed is 10 points, while for closed-ended questions the maximum score to be attributed is 20.
- in written form: discussion of a clinical case on the same model used for the development of e-activities.

THE TEACHER WILL BE RESPONSIBLE FOR INFORMING THE STUDENTS IN ADVANCE (WITH AT LEAST 40 DAYS' NOTICE) OF THE MANNER IN WHICH THE WRITTEN EXAM WILL BE HELD.

-In the form of an oral interview: the evaluation of the knowledge of the contents of the subject will take place through at least three questions. The adequacy of the answers will be assessed on the basis of the following criteria: completeness of the arguments, ability to deepen the links between the different topics, clarity of presentation and mastery of technical language.

Bibliography and resources

4. Materials to consult:

The teaching material on the platform is divided into 9 modules. They cover the entire program and each of them contains handouts, slides and video lectures in which the teacher comments on the slides. This material contains all the elements necessary to deal with the study of the subject.



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5. Recommended bibliography:

Gabbard G. O., Psychodynamic Psychiatry in Clinical Practice (4th Edition), **ISBN-13: 978-1585621859**