



Code: M-PSI/01

Credits: 9

Matter: Personality Psychology

Main language of instruction: Italian

Other language of instruction: English

Teaching Staff

Head instructor

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Introduction

1. Objective of the course:

The aim of the course in Psychology of Personality is to understand human personality, with particular attention to individual differences.

The course offers an overview of the most important theories of personality that still represent theoretical frames of reference for the study of phenomena related to personality. Furthermore, another important goal is to let the student know how to assess the personality, differentiating them for different application areas (clinical, social, work and organization, etc.).

Objectives

2. Course Structure:

The course includes nine training modules corresponding to the related training credits. The teaching aids of the course will consist of video lessons, slides, lecture notes and classroom lectures. The interactive teaching will also make use of forums (virtual classrooms) and chat rooms available on the platform that constitute an asynchronous discussion space, where teachers and / or tutors identify the most significant topics and subjects of teaching and interact with students. In particular, in the interactive teaching area, E-tivity with information on course contents will be proposed to the students. The E-tivity is aimed at developing the skills necessary to formulate hypotheses and, through the consultation of literature, to learn the first steps for the construction of scientific studies on the subject of personality. The course pursues the following formative objectives: 1) go through the history of theories of personality; 2) to illustrate how the

scientific study of personality takes place; 3) to illustrate the main tools personality assessment.

Competencies

The course of Psychology of Personality is aimed at developing the following competencies:

- the capacity to use the knowledge learned to approach research on the characteristics of human personality;
- the ability to distinguish the different ways of interpreting the person logical profiles on the basis of the different theoretical models;
- the ability to identify the most appropriate models and assessment tools to use in different areas (clinical and health, social, etc.).

Syllabus

3. Program of the course:

Subject 1. Introduction to the study of Personality

Subject 2. Research in psychology of Personality

Subject 3. The psychoanalytic perspective

Subject 4. The psychology of the traits

Subject 5. The biological bases of Personality

Subject 6. The behavioural Perspective

Subject 7. The cognitive-social perspective

Subject 8. The humanist perspective

Subject 9. The theory of Personal Constructs

Evaluation system and criteria

The assessment of the achieved learning outcomes is carried out, alternatively, in oral or written form. The oral exam consists of an interview focused on the topics of the course and aimed at ascertaining both the knowledge, the ability to understand, learn and draw conclusions, and finally, the communication skills held by the student. The written test consists of 3 multiple choice questions (alternative answers, of which only 1 correct) and 3 open questions. All questions will concern the topics of the course and aimed at ascertaining the knowledge and ability to understand, learn and draw conclusions from the student.

Bibliography and resources



4. Materials to consult:

The teaching materials available in the e-learning platform (i.e. audio/video lessons, lecture notes, slides) contain all the elements needed to deal with study of the subject.

5. Recommended bibliography:

Carver CS, Scheier MF, Giampietro M, Iannello P. 2015. *Psicologia della Personalità*. Ed. Pearson