

Code: M-PSI/07 Credits: 9

Matter: Psychology of group

Main language of instruction: Italian Other language of instruction: English

## **Teaching Staff**

#### **Head instructor**

Prof. Elisa Miragliotta- elisa.miragliotta@unicusano.it

### Introduction

1. Objective of the course:

The course has the following formative objectives:

- A. Presentation of the different models of psychodynamic understanding of operation of groups
- B. Introduction of the theory and practical aspects related to the clinic through the group
- C. Presentation of the main models and possible applications of group psychology in organizational and institutional contexts

#### **Objectives**

#### 2. Course Structure:

The course is developed through the pre-recorded audio-video lessons that compose, together with slides and handouts, the study materials available on the platform, and provide for the deepening of the contents of the individual modules that make up the program. Self-assessment tests are proposed, asynchronous, which accompany the pre-recorded lessons and allow students to ascertain both the understanding and the degree of knowledge acquired of the contents of each of the lessons. The interactive teaching is carried out in the forum of the "virtual class" and includes examples and discussions on the psychodynamic evaluation and on clinical cases with the involvement of the students

#### **Competencies:**

- Knowledge and ability to understand



At the end of the course the student will have proved to know the different theories of understanding the functioning of the groups, having acquired the ability to analyze them.

## - Application of knowledge.

The student will be able to use the knowledge of the Psychology of the groups having learned the thought of the authors treated.

#### - Communication skills.

the student will be able to describe specific characteristics of the groups and on the different application fields, using appropriate terminology.

# **Syllabus**

3. Programme of the course:

## Subject 1.

MODULE 1 - INTRODUCTION TO THE GROUP PSYCHOLOGY.

MODULE 2 - THE GROUP AND THE COMPANY: SOCIAL GROUPS AND FAMILY.

**MODULE 3. GROUP SETTINGS AND PARAMETERS.** 

MODULE 4. GROUPS IN THE CLINICAL AREA: THE GROUP ANALYTICAL MODEL.

MODULE 5. GROUPS IN THE CLINICAL AREA: THE PSYCHOANALYTIC MODEL.

MODULE 6. GROUPS IN THE CLINICAL AREA: THE INTERPERSONAL MODEL.

MODULE 7 - PSYCHOANALYSIS OF THE SELF. ATTACHMENT AND MENTALIZATION GROUPS.

MODULE 8 GROUPS IN ORGANIZATIONAL AND WORKPLACE AND LARGE GROUP. MODULE 9. RESEARCH IN GROUP PSYCHOTHERAPY.

### **Evaluation system and criteria**

A written test, in which the student should choose 1 questions out of 2. That question will correspond to a specific point headings contained in the program of the sessions of the course. The evaluation of the written test will be determined by the degree of knowledge

Also, consider the complement of learning with recommended reading.

## **Bibliography and resources**

4. Materials to consult:



The teaching material on the platform, edited by the teacher, is divided into 9 modules: handouts, slides and videolessons. This material contains all the elements necessary to face the study of the subject.

## 5. Recommended bibliography:

Girolamo Lo Verso, Marie Di Blasi Gruppoanalisi soggettuale, 2011, Editore: Cortina Raffaello

Dennis Brown, Louis Zinkin. La psiche e il mondo sociale. La gruppo analisi come strumento del cambiamento sociale. 1986. Cortina Raffaello

Gianluca Lo Coco, Claudia Prestano, Girolamo Lo Verso. L'efficacia clinica delle psicoterapie di gruppo, 2008, Cortina Raffaello

Gianluca Lo Coco, Girolamo Lo verso. La cura relazionale. Disturbo psichico e guarigione nelle terapie di gruppo, 2005 Cortina Raffaello